Your Journey After the Hospital:
How Post-Acute Care Can Help

Post-Acute Care Can:

✓ Support recovery after a health event, usually for a limited-time period
✓ Help restore function and improve your quality of life
✓ Provide therapy such as physical or occupational therapy
✓ Provide services to address any mental health or substance use disorder needs
✓ Provide comfort care, palliative care (care that focuses on providing relief from pain and other symptoms of a serious illness), or end-of-life care
✓ Be provided at home by home health providers
✓ Be provided in outpatient clinics or doctors’ offices
✓ Be provided at a facility such as a skilled nursing facility (SNF) or nursing home
✓ Be provided through virtual, telehealth appointments

Learn more about your options:
PatientCareLink.org/AftertheHospital