

## What is a Work@Health® Wellness Champion?

Work@Health® provides expert training, technical assistance, and support to employers nationwide for building effective worksite health programs.

Work@Health® Wellness Champions are organizations and/or employers committed to promoting the program within their networks.

Work@Health® Wellness Champions use their networks and contacts to promote the program to potential employers and professionals who are interested in becoming Work@Health®-certified trainers.

These organizations include:

- Health departments
- Business coalitions
- Professional associations
- Public health-based nonprofits
- Trade associations.



## Work@Health® Wellness Champion Benefits

- CDC recognition as a Work@Health® program partner
- Worksite wellness expertise and capacity-building for your organization and members
- Access to up-to-date worksite wellness resources that you can share
- Priority placement for future Work@Health® training opportunities and classes

## What do Work@Health® Wellness Champions Do?

- Promote Work@Health® to network members and prospective participants.
- Appoint Work@Health® point-of-contact to coordinate Work@Health® promotion.
- Assist Work@Health® team with follow-up activities.
- Consider participating in the Work@Health® Train-the-Trainer program and being a resource for its membership.

More information can be found at: [www.cdc.gov/workathealth](http://www.cdc.gov/workathealth).

You also may e-mail [workplacehealth@cdc.gov](mailto:workplacehealth@cdc.gov).