



## **MASSACHUSETTS CONSULTATION SERVICE FOR TREATMENT OF ADDICTION AND PAIN:** Support for Primary Care Providers Treating Patients with Chronic Pain and/or Substance Use Disorder

### **WHAT IS MCSTAP?**

The Massachusetts Consultation Service for Treatment of Addiction and Pain (MCSTAP) offers real-time, telephonic professional consultation to primary care providers on safe prescribing and managing care for patients with chronic pain and/or substance use disorder (SUD). It also provides resource and referral information about community-based providers, programs, and services to support patients with chronic pain and/or SUD.

MCSTAP is a comprehensive resource on a range of topics, such as:

- Medication management related to medication-assisted treatment (MAT), opioid, and non-opioid pain medications
- Pain management strategies, including non-pharmaceutical treatment of pain
- Resources in the community for people living with chronic pain and/or SUD

The Grayken Center for Addiction at Boston Medical Center provides medical leadership of MCSTAP. MCSTAP's physician consultants, who practice in health care systems around the state, have extensive academic and clinical expertise in safe prescribing and managing care for patients with chronic pain and/or SUD.

### **WHO CAN USE MCSTAP?**

Any provider within a primary care practice, such as physicians, nurse practitioners, physician assistants, registered nurses, or behavioral health clinicians, can call MCSTAP. MCSTAP is free to all Massachusetts providers. It is here to support the care of all adults with chronic pain and/or SUD, regardless of insurance coverage. **The MCSTAP phone line is for providers only**; patients should not call MCSTAP. Please refer patient questions to their PCP.

### **HOW DO I ACCESS MCSTAP?**

Call **1-833-PAIN-SUD** (1-833-724-6783), Monday through Friday, 9 a.m. - 5 p.m.

When a provider calls MCSTAP, our resource and referral specialist will gather basic information about their question and the patient. The specialist sends the request and information to a physician consultant who will return the call to the provider within 30 minutes. The consultant may ask additional questions about the patient's presenting problems, clinical history, and the issues prompting the call for guidance. He or she will then provide recommendations and coaching to help the provider clarify the patient's needs, address issues, and identify next steps. MCSTAP physician consultants **do not provide medical treatment or prescribe medications** as part of consultations. The MCSTAP resource specialist will also provide information regarding community-based resources to address the needs of people with chronic pain and/or SUD.

MCSTAP is a free service to providers funded by the Massachusetts Executive Office of Health and Human Services through its contract with the Massachusetts Behavioral Health Partnership.

For more information about the program, go to [www.mcstap.com](http://www.mcstap.com), contact Amy Rosenstein at 617-790-4186, or e-mail [MCSTAP@beaconhealthoptions.com](mailto:MCSTAP@beaconhealthoptions.com).